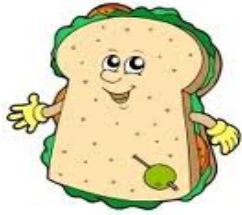




AMERICAN HERITAGE CAMP MENU



WEEK 1



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breaded Chicken Sandwich	Homemade Chili	Whole Wheat Grilled Cheese w/Tomato Soup	Build a Burger	Cheese & Pepperoni Pizza
Rice Pilaf	Rice	Tater Tots	Sweet Potato Baked Fries	Steamed Veggies
Steamed Veggies	Steamed Corn Corn Muffin	Sweet Baby Peas	Steamed Broccoli	Soup

WEEK 2



Sabrett Hot Dog on a Bun & Turkey Hot Dog Nuggets	Homemade Meatball Sub	Baked Chicken Nuggets	Grilled Chicken Fajita Strips	Cheese & Pepperoni Pizza
Baked Beans	Mashed Potatoes	Mac & Cheese	Rice & Beans	Steamed Veggies
Steamed Corn	Steamed Veggies	Steamed Sweet Baby Peas	Steamed Corn Corn Muffin	Soup

WEEK 3



Whole Wheat Grilled Cheese w/Tomato Soup	Grilled Chicken Sandwich	Homemade Chili	Build a Burger	Cheese & Pepperoni Pizza
Tater Tots	Beans & Rice	Rice	Scalloped Potatoes	Steamed Veggies
Sweet Baby Peas	Steamed Corn	Corn Muffin	Steamed Carrots	Soup

WEEK 4



Sabrett Hot Dog on a Bun & Turkey Hot Dog Nuggets	Baked Chicken Nuggets	Homemade Meatball Sub	Breaded Chicken Sandwich	Cheese & Pepperoni Pizza
Baked Beans	Mac & Cheese	Mashed Potatoes	Baked Tater Tots	Steamed Veggies
Steamed Corn	Steamed Green Beans	Steamed Sweet Baby Peas	Steamed Corn	Soup

SERVED EVERYDAY

Pasta with Sauce and Salad Bar and Soup Bar
 Sandwiches: Boar's Head Turkey, Ham, Cheese, Peanut Butter, and/or Jelly
 Apples, Bananas, Oranges, and other Seasonal Fruits
 Bagels with Cream Cheese, Butter, or Jelly
 Yogurt, Applesauce, Fruit Cups and Cheese Sticks
 Water, Milk, and Juice



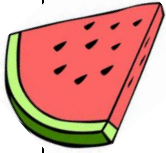


AMERICAN HERITAGE CAMP MENU



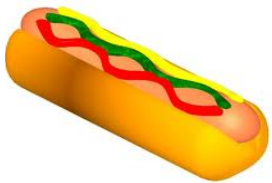
*MENU SUBJECT TO CHANGE WITHOUT NOTICE

WEEK 5



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breaded Chicken Sandwich	Build a Burger	Homemade Chili	Whole Wheat Grilled Cheese w/Tomato Soup	Cheese & Pepperoni Pizza
Rice Pilaf	Steamed Corn	Rice	Baked Tater Tots	Steamed Veggies
Steamed Broccoli	Baked Potato String Fries	Corn Muffin	Baby Peas	Soup

WEEK 6



Sabrett Hot Dog on a Bun & Turkey Hot Dog Nuggets	Baked Chicken Nuggets	Homemade Meatball Sub	Breaded Chicken Sandwich	Cheese & Pepperoni Pizza
Baked Beans	Mac & Cheese	Mashed Potatoes	Baked Tater Tots	Steamed Veggies
Steamed Corn	Steamed Veggies	Steamed Sweet Baby Peas	Steamed Corn	Soup

WEEK 7



Grilled Chicken Sandwich	Whole Wheat Grilled Cheese w/Tomato Soup	Grilled Chicken Fajita Strips	Build a Burger	Cheese & Pepperoni Pizza
Beans & Rice	Baked Tater Tots	Rice & Beans	Sweet Potato Baked Fries	Steamed Veggies
Steamed Broccoli	Steamed Veggies	Steamed Corn	Steamed Broccoli	Soup
		Corn Muffin		

WEEK 8



Sabrett Hot Dog on a Bun & Turkey Hot Dog Nuggets	Baked Chicken Nuggets	Homemade Meatball Sub	Breaded Chicken Sandwich	Cheese & Pepperoni Pizza
Baked Beans	Mac & Cheese	Mashed Potatoes	Baked Tater Tots	Steamed Veggies
Steamed Corn	Steamed Veggies	Steamed Sweet Baby Peas	Steamed Corn	Soup

SERVED EVERYDAY

Pasta with Sauce and Salad Bar and Soup Bar
 Sandwiches: Boar's Head Turkey, Ham, Cheese, Peanut Butter, and/or Jelly
 Apples, Bananas, Oranges, and other Seasonal Fruit
 Bagels with Cream Cheese, Butter, or Jelly
 Yogurt, Applesauce, Cheese Sticks, and Fruit Cups
 Water, Milk, Juice

